

# Singing Journey Workshop

SER-AMTA provider #P-024 | 5 CMTE Credits

Singing Journey is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education Credits. The Southeastern Region of the American Music Therapy Association provider #P-024 maintains responsibility for program quality and adherence to CBMT policies and criteria.

## Schedule

**10:00-12:00** – getting to know our group voice and individual voices; improvisational exercises

**12:00-1:00** – Lunch break

**1:00-3:30** – developing the group circle sound and influences; improvisational exercises; applying group leading building blocks

**3:30-4:00** – music therapy applications wrap-up and self-eval

Schedule will include a 10 minute break every hour.

Virginia Schenck, “VA”, is an accomplished jazz vocalist and music therapist who often spices up her shows with tribal influences from her own vocal exploration and of CircleSinging, which she studied under legendary Bobby McFerrin and his Voicestra member, Rhiannon. Receiving global airplay, performing regularly in Atlanta’s top jazz and music venues, her recent appearances also include New York & Seattle for a play with totally improvised music, “The Gift”, with aerial dancers at the Robert Mondavi Ctr/UC-Davis, CA, St Patrick’s Cathedral/Dublin, IR, Chartres.

## Presented by: Virginia Schenck

**Abstract:** In this participatory session of group singing, the use of vocal improvisation and sound exploration will be used. Attendees will have the opportunity to engage in steps towards creative improvisation, and learn the key elements for creating Circle Songs, the improvisatory polyphonic choral compositional style developed by master improviser, Bobby McFerrin. Building blocks of vocal improvisation games will be used as learned from McFerrin, Voicestra member, Rhiannon, Lisa Sokolov, and self. Emphasis will be on stretching the borders of individual and group singing, growing in spontaneous creativity, and exploring the applicability to music therapy. The ingredients of Circle Songs, including the primary elements (medium, pitch/non-pitch, text/ no text) time organization (tempo-groove style, non-tempo, and combinations), harmonic organization, form, and the evolution of these will be outlined. Participants will have the opportunity to explore vocal improvisation and create their own Circle Song. This modality has the inherent quality of yielding therapeutic results.

**Location:** Max Noel Recital Hall at Georgia College and State University

### Registration Fees:

MTAG Members—\$30

Non-Members—\$50

Students—\$10

**Refunds:** Will be granted within 24 hours of purchase.

## Learning Objectives

CBMT Board Certification Domains

- Participants will improvise vocally (II.A.2.b, 3.c, 5.h, w1)
- Participants will develop the use of music elements (e.g. tempo, pitch, timbre, melody, harmony, rhythm, meter, dynamics) to improvisation (II.A.2.s., 5a & b, and IV.A.6)
- Participants will have the opportunity to experience and lead improvised Group singing (I.C.8.II.A.1 a-c, f, 2.L.)
- Participants will have the opportunity to assess own cultural, spiritual, emotional, and musical bias (II.A.1.f,ab,ah,4.f.)

# September 22, 2018

MTAG Fall 2018

# The Singing Journey Workshop

September 22, 2018

Registration Form:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Please Check One:

\_\_\_\_\_ Professional MTAG member Registration: \$30.00

\_\_\_\_\_ Professional Non-member Registration: \$50.00

\_\_\_\_\_ Student Registration: \$10.00

Amount Enclosed: \$\_\_\_\_\_

Please make checks payable to MTAG

Mail Registration and Payment to:

MTAG Fall 2018 CMTE

c/o: Jessica Brodley-Lopez

1207 Wingate Way

Sandy Springs, Ga. 30350



The Music Therapy Association of Georgia

